

DIARY: 1990

JANUARY

1 Monday

Overcast day. At home. YF, Leonie, Gavin and Nadine to HLY supermarket for specials.

2 Tuesday

To work in the morning to complete this week's MA work. YF finishing Reiki at Leung's place. YF to Japanese cooking class. Collected records from Leo [?Yam].

3 Wednesday

Work in the morning. Back to gym; Leonie and Gavin came. Final chemistry teaching class in the evening.

4 Thursday

YF, Leonie, Gavin and Nadine visit the Supreme Court; listened to a murder case. My first MA Psychology class in the evening.

5 Friday

Gym again, with Gavin and Nadine. All day preparing and reading for MA lessons.

6 Saturday

Leonie, Gavin, and Nadine went for a hike to Lead Mine Pass and back to Tai Po Kau forest. YF to Chung Chi annual conference. In the evening, we all went with the neighbours to Chen's daughter's wedding at Tsuen Wan.

7 Sunday

To Rugby in the morning. YF and Nadine to Chung Chi church.

8 Monday

All back to school. Good exercise. Mr Chen and his wife around in the evening.

9 Tuesday

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10 Wednesday

YF and I to Chung Chi luncheon to hear Dr Mark Tao, a visiting scholar. Hurt my back while weight training.

11 Thursday

Back painful, but all day in the the office and a lesson in the evening! YF, Leonie, Gavin and Nadine to town in the evening to see Martin.

12 Friday

Did some weight training in spite of the bad back. Liberty with YF took Leonie, Gavin and Nadine to town in the evening to see Martin again.

13 Saturday

My back is getting better. Leonie and Gavin to Boyle's for most of the day. YF to Dr Tao's talk and then to HK for massages.

14 Sunday

Had to take the children to Rugby. YF, Leonie and Nadine to town in the afternoon. Gavin had a long sleep.

15 Monday

Cooler and wet. Work started on knocking down the Chung Chi teaching block. Mandarin in the evening.

16 Tuesday

Collected my new ID card and paid tax in the afternoon.

17 Wednesday

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18 Thursday

Still overcast with some rain. Back still sore.

19 Friday

Wet. Macmillan's Chinese New Year dinner in the evening. Gavin overnight at a friend's place.

20 Saturday

Cooler - down to 11°C. To the Chinese New Year fair; Leonie wins a running race. Gavin back.

21 Sunday

Wrote also to NZ Inland Revenue Department.

22 Monday

YF to HLY; then with me to take a table to TST. Cool and overcast.

23 Tuesday

At home in the afternoon to type up a newspaper article. YF to TST in the morning to give two massages.

24 Wednesday

Faxed the article to the HK Standard. Had brief spells of sunshine today.

25 Thursday

Went to the clinic to get treatment for my back by the physiotherapist - just made my back worse! Taught in the evening. Agony!

26 Friday

[Chinese New Year's eve] In bed nearly all day. Very painful [?back].

27 Saturday

[New Year's day] Did some sunbathing on the roof. YF, Leonie and Liberty to Shatin market at 4 am for bargains!

28 Sunday

Cloudy. All day inside. Had treatment with an IR lamp.

29 Monday

YF has a small healing group in the morning. I was up most of the day; had many heat treatments. Drizzle.

30 Tuesday

Wet. To work in the morning - painful. Walked to the clinic in the afternoon (as YF late).

31 Wednesday

Drizzle and getting cold. All day either on the computer or getting IT treatments. Couldn't find my article in the newspaper.

FEBRUARY

1 Thursday

~7°C last night; coldest day for nearly four years. To clinic again. YF to a Campus Christian Fellowship lunch.

2 Friday

Leonie out overnight. Ewan here with Gavin. YF and I to SCR dinner for “everybody's birthday”.

3 Saturday

To Bursar with loan application, then to clinic. Worked on the India article in the afternoon.

4 Sunday

All to Rugby practice in the morning. Took Ewan home in the evening.

5 Monday

To the office in the morning. Went to the gym for a partial workout. Accidentally wiped a computer file in the afternoon.

6 Tuesday

Sunny and warm. Back a lot better. Alan Lee attacked last night. Took Nadine to Shatin Junior School for an “interview” for admission to P1 next term. She did not talk much!

7 Wednesday

Another clinic visit then to the gym! Liberty and YF burnt food; I had to come home and turn off the gas. To Shatin Junior in the evening for Gavin's pantomime.

8 Thursday

Warmer. Working on the computer in the morning. YF, Leonie, Nadine and Liberty to watch the school pantomime.

9 Friday

Overcast all day. Came back on the bus with Nadine. All afternoon on the India paper. Fiona and Teresa here for overnight.

10 Saturday

Still dull and overcast. We all went with Fiona and Teresa to Clearwater Bay. I went for a walk up a hill.

11 Sunday

To mini Rugby at Happy Valley. Warm, 23⁰C. After I returned, the others went to MacDonald's.

12 Monday

Cooler. Signed a loan agreement. Another physiotherapy session. Computer printing not working in the afternoon.

13 Tuesday

Fine. With YF to the funeral service for her "Aunty". Took the computer in for repairs.

14 Wednesday

Warmest day so far this year at 23-4⁰C. Leonie to dentist. An Airbus A320 crash in India. Riots in the Whitehead detention camp last night.

15 Thursday

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16 Friday

Basic Law completed in Beijing today. Students protest outside the NCNA (New China News Agency - China's unofficial office in HK). Nadine to Victoria's place after school.

17 Saturday

We all went to Tai Po Kau forest for a walk; got caught in a downpour. Completed the computer before the walk.

18 Sunday

Dry. Leonie and Gavin to Rugby. Rain in the afternoon. YF, Leonie, Gavin and Nadine to Shatin to buy shoes.

19 Monday

Thick fog early in the morning; later fine but humid. Sent the medical paper/article to Rana. Last visit to the physiotherapist in the morning.

20 Tuesday

Some heavy rain. My back was sore again. Gavin to cooking.

21 Wednesday

Some heavy rain again. YF was bus mum in the afternoon. Gavin to dentist; got one filling.

22 Thursday

More rain. Lunch at work for principals of teaching practice schools.

23 Friday

Rain. Victoria and Jessica around after school.

24 Saturday

Very wet and cold. YF, Leonie, Gavin and Nadine to the market in the morning.

25 Sunday

Wet and cold. Rugby cancelled. Wrote to Bill Ellwood about his Maths magazine.

26 Monday

Wet. Good gym workout; back OK. YF to cooking class in the evening.

27 Tuesday

Cold with rain all day Chinese with fake Venezuelan visas still stuck at the airport

28 Wednesday

Film show at work on democracy; I didn't go. We all went to an evening concert by the HK Chinese Orchestra for the opening of Shaw College.

FEBRUARY

1 Thursday

Fine but cool. To Amy Hittner's (?) talk at lunch time.

2 Friday

Full-time teaching of Chemistry class in the morning. Leonie overnight at Emma's. YF to banker re super loan, and a lecture.

3 Saturday

Drizzly so didn't go out. A lot of the day spent on MA lesson preparation. V out all day.

4 Sunday

Cold and drizzly. Leonie and Gavin to Rugby with Dewars. My breathing was tight.

5 Monday

Sun out today but still cool. Started work on Integrated Science Book 3. YF out to a Japanese cooking class in the evening.

6 Tuesday

Lovely clear, fine day - first for a long time.

7 Wednesday

another fine day. Breathing not so good last night. Gavin begins his home work plan. Budget day.

8 Thursday

Fine, dry day.

9 Friday

Superannuation loan deposited into Canadian dollars.

10 Saturday

YF with Leonie, Gavin and Nadine to Shatin early. Then YF to alternative medicine seminar. Rest of us to Tai Po Kau forest for a walk then took Gavin to Fairview Park for an overnight.

11 Sunday

Hot - up to 25°C. Collected Gavin [from Fairview Park] then to Rugby tournament at Sek Kong. Leonie to school in the morning for a practice [? for musical].

12 Monday

Long meeting at School Certificate examination meeting.

13 Tuesday

Two teaching practice visits in Kwai Chung. A little cooler.

14 Wednesday

YF to a painting lesson in the morning. To North Point for a meeting in the evening.

15 Thursday

Breathing not too good. Leonie's play/musical has a dress rehearsal at school.

16 Friday

Nice day. To dentist in the afternoon. Got a copy of the new Integrated Science Book 1.

17 Saturday

Work on IS teacher's guide then interviews for next year's full-time intake. Leonie, Gavin and I to the top (almost) of Ma On Shan in the afternoon.

18 Sunday

All to Rugby in the morning. Leonie to school in the afternoon for a practice. Gavin still has a fever. Nadine playing with Teresa.

19 Monday

Lovely day. All day working on a sample unit for the teachers' guide.

20 Tuesday

Nice day. Leonie has a dress rehearsal at school.

21 Wednesday

Fine but humid. To school in the evening for the performance of "Joseph and the Amazing Technicolour Dreamcoat" starring Leonie in a main role. Took Rana. YF to a meeting in town.

22 Thursday

Fine but humid again. Second day of the school concert. YF there but back early to give a massage.

23 Friday

25°C and humid. Piling started at Chung Chi for the new teaching block. Leonie to school for the final performance of the musical.

24 Saturday

Warm and humid. We all did the 'blue' walk at Tai Po Kau forest. In the afternoon, to Mr Chan's for an art lesson.

25 Sunday

Leonie and Gavin to Rugby; last practice. Then all to Yum Cha with the neighbours. YF to town early in the morning with the neighbours to get fruit.

26 Monday

Overcast. Leonie off to an Outward Bound course. Leonie gave me a present of "After dinner mints" for my birthday.

27 Tuesday

Humid and cooler. Nadine to Edward's in the afternoon. YF to town in the evening.

28 Wednesday

Started typing up Unit 13. Went to the clinic in the morning for more medicine (didn't need nose wart). Warm at 27°C. Very tired.

29 Thursday

Humid. Worked at home in the morning. Nadine to Victoria's after school.

30 Friday

Nadine's last day at Chung Chi nursery school. Collected Leonie from Outward Bound. Got a ticket for "speeding" [about 58 km/h in a 50 km/h zone; speed limit on the road had been reduced for some reason and they were just waiting for 'victims'.] I was not too happy!

31 Saturday

Off to the Rugby 7s with Leonie for her mini Rugby and the first day's matches [in the old Government Stadium]. Back about 7.30 pm. Overcast but no rain.

APRIL

1 Sunday

Second day of the Rugby 7s; Gavin and Allan playing. NZ lost in the final to Fiji! Overcast, humid, rain here.

2 Monday

All day working on the computer. Gavin to IBM 7s with Dewars.

3 Tuesday

Nadine had Victoria and Adam here for a while. All day typing up Unit 13.

4 Wednesday

Nadine to Shatin Junior School for familiarisation for P1. School term ends at noon.

5 Thursday

[Holiday] Maximum temperature about 18⁰C. All day again typing up Unit 13. Leonie to Fo Tan for a party and overnight.

6 Friday

Leonie [?Gavin] gets new shoes and goes to Ewan's. Leonie back from parties.

7 Saturday

All day on the computer finishing Unit 13. Gavin back in the afternoon. All to the Schools Music Festival concert at City Hall in the evening.

8 Sunday

To the final Rugby practice and BBQ. V at home. Took everybody to Shatin for a camp in the afternoon.

9 Monday

Most of the day at home working on Unit 13. Heavy rain in the evening.

10 Tuesday

Finished Unit 13. More heavy rain late in the evening.

11 Wednesday

Very heavy rain in the morning. Got new swimming pool cards.

12 Thursday

Collected everybody at the camp. Finally got air tickets for UK summer holiday settled. Class in the evening.

13 Friday

[Holiday for Good Friday] All day preparing MA class examination. Nadine still coughing; not well.

14 Saturday

[Holiday] All day at home. YF to HLY most of the day.

15 Sunday

To church in the morning then lunch at Chung Chi. Cool. Swimming pool opens. YF to a bridging seminar.

16 Monday

[Holiday] Took YF to the airport for her flight to the US.

17 Tuesday

Office in the morning. Paid the balance of my tax then lunch with Peter Oates [Macmillan editor].

18 Wednesday

Maximum temperature only 18°C. Spent today drafting Unit 14.

19 Thursday

Last day for the MA class. Dinner at Chung Chi afterwards [?with students]. Leonie to a party in Tai Wai. UK Nationality bill passes [regarding status of local British passport holders after the handover].

20 Friday

Highway 5 opens [Kowloon around to Kwun Tong and Eastern Harbour tunnel]. TO the gym again. Liberty takes Leonie, Gavin and Nadine to Shatin.

21 Saturday

All morning spent working in the UK trip. In the afternoon, went with Leonie, Gavin and Nadine to Chan's for Leonie and Gavin painting [?class]. Left food in the supermarket; Leonie had to return. Hot at 28°C.

22 Sunday

Hot. Leonie and Gavin went for a swim. All helped to make chips for dinner. A chemistry student calls me at 11 pm!!

23 Monday

Turned cool again. To my one teaching practice visit in the afternoon. Nadine's first day at primary school; she liked it. Gavin to a camp.

24 Tuesday

Cool. Two teaching practice visits at Quarry Bay. Got YHA membership cards.

25 Wednesday

Overcast and drizzle. Two teaching practice visits in the morning. Gavin back from camp in the afternoon.

26 Thursday

All day typing up Unit 1 of the teacher's guide. Cool and still did not start swimming.

27 Friday

Lovely fine day. Got teachers' guide 2 (?) finished. Nadine out to circus (?) with Emma in the evening. I had one tooth filled.

28 Saturday

Fine and warm. With Leonie and Gavin to painting class in the evening.

29 Sunday

Warm. Leonie and Gavin for a swim with Allan and Catherine. About 100 boat people escape from Whitehead detention centre last night.

30 Monday

Hot. Teaching practice visits. Gym at New Asia College.

MAY

1 Tuesday

Fine. Went for my first swim, doing 20 lengths.

2 Wednesday

YF back home [from the US] at 8 am. YF bus mum in the afternoon. Gym at NAC. Jessica here for dinner.

3 Thursday

Swim not so good because of breathing. Leonie, Gavin and Nadine to Dara's early evening.

4 Friday

Much cooler again. At home working on the computer. Gavin and Nadine to gym with me. To a potluck dinner at Chung Chi. Nadine to the circus with a friend.

5 Saturday

Breathing not good. YF has a massage class in the afternoon. I took Gavin and Nadine to Tai Po Kau forest.

6 Sunday

Fine, but inside all day.

7 Monday

To the dentist to get a filling in a top front tooth.

8 Tuesday

Swim not too bad. Enquired about how to pay off NZ loan; [mortgage interest] 14 ½%.

9 Wednesday

Cooler.

10 Thursday

Teaching practice visits in Tuen Mun and Yuen Long; travelled via the new Shing Mun tunnel. Bad asthma during my swim.

11 Friday

Wet. Doing Unit 6 of the teacher's guide. Gavin's birthday party in the evening and overnight sleep.

12 Saturday

All day finishing and printing Teachers' Guide 1. Gavin and Ewan went for a swim.

13 Sunday

YF to Yum Cha with Leonie, Gavin and Nadine. I stayed at home all day.

14 Monday

Last two teaching practice visits for the academic year. Finished teachers' guide for Book 1.

15 Tuesday

Cooler. Worked at the office all day. Swim OK but had a puff beforehand.

16 Wednesday

Back to Chung Chi gym.

17 Thursday

Quite a good swim. All student grading finished. Started Teachers' Guide 2.

18 Friday

Cooler. Typhoon - first of the season - skirts HK. Gavin to a party near HLY; collected him at 6 pm.

19 Saturday

YF has a second massage class in the afternoon. Leonie, Gavin, Nadine and I go to the Bride's Pool area.

20 Sunday

All day planning for the UK trip. The others to Yum Cha in the afternoon. YF out to teach massage in the evening.

21 Monday

All day again on Teachers' Guide 2. To NAC gym in the afternoon. Mr Ces Freeman died last night [in Christchurch].

22 Tuesday

Went for a swim in the afternoon with Leonie, Gavin and Nadine - Nadine's first for the season.

23 Wednesday

Liberty gave me a massage.

24 Thursday

Cooler. Typing up Book 2 of the teachers' guide. Went for a swim with Leonie, Gavin and Nadine.

25 Friday

Cooler but humid.

26 Saturday

Drizzly so didn't go out. YF has a massage class in the afternoon. Got most of Unit 8 of the teachers' guide typed up.

27 Sunday

In the evening, YF and I went to the City Hall Concert Hall for a concert by the HK Music Institute.

28 Monday

[Holiday] Dragon boat races. YF and Leonie to town. I worked on Unit 2. Nadine got a new bike - an early birthday present.

29 Tuesday

YF on [?morning] bus duty - late!! YF and Leonie to town to get Nadine's [NZ] passport. Swim with Leonie and Nadine. Cooler. Swim OK.

30 Wednesday

HK people hanged in Malaysia for drug trafficking. To the dentist; 1 hour for a filling. Dewars here for a farewell dinner.

31 Thursday

Hot, over 30°C. Gavin not too well for a while after school. Leonie to KCC.

JUNE

1 Friday

Wet. Took YF to the airport in the evening.

2 Saturday

Wet. In the morning, Gavin and Leonie had their last play with Catherine and Allan. Gavin to Beas River with Catherine and Allan in the afternoon. Down to Residence 11 to farewell Dewars at 7 pm.

3 Sunday

All day finishing Teachers' Book 2. Leonie, Gavin and H to Helen's in the afternoon.

4 Monday

Marks meeting in the morning. To the dentist in the afternoon for cleaning teeth. Anniversary of the Tienanmen massacre.

5 Tuesday

All day tidying up administrative matters at work.

6 Wednesday

Wet. Back onto Book 3 again.

7 Thursday

Swim with Leonie and Nadine; Gavin wouldn't come.

8 Friday

Wet again. To Shatin College in the evening with Leonie, Gavin and Nadine for a meeting with the Principal then a BBQ.

9 Saturday

Rain in the morning. Took Leonie, Gavin and Nadine to Toys R Us. Lunch at MacDonald's then to the PTU. Got postal reply coupons [to use when sending reservation cards to Youth Hostels in the UK]. Leonie vomited in the evening.

10 Sunday

Sent off reservation forms to Youth Hostels in the UK. Swim with Leonie, Gavin and Nadine in the afternoon. Wet and cooler.

11 Monday

Weather became fine later! Mr Chan didn't come.

12 Tuesday

Swim with Leonie, Gavin and Nadine in the afternoon. Very tired. Nadine and Liberty's birthdays.

13 Wednesday

Hot and fine. Leonie and Gavin for a swim in the afternoon.

14 Thursday

Lunch time swim - less tiring. Leonie, Gavin, Nadine and Liberty to RTHK for ETV auditions for Leonie and Gavin. School reports for Leonie and Gavin arrive.

15 Friday

Hot and fine. To the bank to get money. Leonie and Gavin for a swim in the afternoon. To the mime play "Top Storey" in Shatin in the evening.

16 Saturday

[Holiday] Very wet. Typing up Workbook Unit 14 in the morning. Swim with Leonie, Gavin and Nadine in the afternoon; Nadine's first 'proper' swim. Leonie to a birthday party for Liberty in the evening.

17 Sunday

Tropical storm approaching. Breathing not good. Computer disc packs up again.

18 Monday

[Holiday] Queen's Birthday. Finished the questions for Unit 14. Swim with Leonie, Gavin and Nadine.

19 Tuesday

Took the computer to work to be fixed.

20 Wednesday

Five more YHA replies arrive. Swim felt OK; swim with Leonie, Gavin and Nadine. Power blackout in the evening.

21 Thursday

Finished the outline of Unit 14. The neighbours off to the US and Alaska [for his annual fishing holiday]. Nadine to Tai Po Kau forest with her class.

22 Friday

34°C. To SJS for the P6 concert; Leonie performing with the clarinet. Swim; Nadine does nearly ½ a width.

23 Saturday

Finished typing and printing Unit 14.

24 Sunday

Hot, fine day. Swim in the afternoon with Leonie, Gavin and Nadine; I did 20 lengths. Talked about the UK trip in the evening.

25 Monday

Typing up Unit 14. Taking aminophylline - seems to help.

26 Tuesday

Good swim. Swimming with Leonie, Gavin and Nadine.

27 Wednesday

Fine and hot again.

28 Thursday

Leonie to ETV for filming in the afternoon. Swim with Leonie and Nadine.

29 Friday

Last day of school for Leonie, Gavin and Nadine [and last day for Leonie at SJS]. Nadine's report arrives.

30 Saturday

Very heavy rain. All day on pictures for Unit 14. Leonie, Gavin and Nadine with Liberty to Shatin in the morning.

JULY

1 Sunday

Letters to NZ mortgage company and Canada. Swim with Leonie, Gavin and Nadine. Finished Unit 14.

2 Monday

Unit 14 collected. Took Leonie for overnight party in Shatin Heights.

3 Tuesday

Picked up Leonie in the morning. Good swim in the afternoon. Posted a reservation card to Holland House YH in London.

4 Wednesday

Posted a reservation card to Epping Forest YH (also in London). Called to book a rental car.

5 Thursday

All went for an early morning swim. Leonie, Gavin and Nadine to Helen's in the afternoon for an overnight.

6 Friday

Department meeting in the afternoon, then to the clinic for more medicine. Leonie, Gavin and Nadine home for lunch then to Helen's again.

7 Saturday

To the office in the morning. Leonie, Gavin and Nadine back at noon. To the airport in the evening to collect YF.

8 Sunday

Leonie, Gm Nadine and V to Yum Cha in the morning and a swim in the afternoon. The neighbours returned in the afternoon. World Cup final.

9 Monday

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10 Tuesday

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11 Wednesday

Tired.

12 Thursday

Spoke to David [Foulds] on the phone. Stephen Hui to see me regarding the PTD chemistry teaching class [which he will take for me while I am in the UK]. Negative reply from London YHA.

13 Friday

YF out to a healing circle in the evening.

14 Saturday

All day typing up Workbook Unit 15. Some heavy rain. YF took Leonie, Gavin and Nadine to the library.

15 Sunday

Reiki class in the morning. Swim with Leonie, Gavin and Nadine in the afternoon. YF gives massages in the afternoon and evening.

16 Monday

All day typing and printing Workbook Unit 14. YF collects tickets for the UK. Leonie, Gavin and Nadine to Bible School.

17 Tuesday

Painters started work today [re-doing the inside of the flat]. Swim in the afternoon. Dinner in the evening in Shatin for C K Leong.

18 Wednesday

All day on the computer. David with us to the SCR for dinner, then the evening here.

19 Thursday

All day at work because of the painters doing the bedroom [where the computer is].

20 Friday

Again all day typing up Unit 15. YF off to take a Reiki class in Kowloon in the evening.

21 Saturday

Over 12 hours finishing the typing of Unit 15. YF to Reiki class in the evening.

22 Sunday

Leonie, Gavin and Nadine has a jumble sale of old toys and books all day; got about \$60!

23 Monday

Still on Unit 15. Leonie and Gavin to a recording studio in the afternoon and evening.

24 Tuesday

Nearly finished Unit 15. Swim with Leonie, Gavin and Nadine. Tired.

25 Wednesday

Unit 15, the last unit for Book 3, finally completed.

26 Thursday

Packed my things in the morning. To the office in the afternoon. No swim today.

Trip to the UK

[Look at the photos in the 'Travels' folder for each of the days below. In the photo folder, Day 1 to Day 31 correspond to July 28 to August 24 below.]

27 Friday

Our BA 27 flight took off at about 11.25 pm, an hour late. A bit of a flap about the courier ticket as it had been left in the DA(?) office rather than being delivered to YF. The flight took 12 ½ hours, flying over China, Burma, India, Pakistan, USSR, Sweden and Denmark. Leonie, Gavin and Nadine at times slept on the floor. YF managed to get a seat next to us. Flew on the new B747-400.

28 Saturday [Day 1]

Arrived on time about 5.45 am. Fine, daylight, 16°C. Because of courier problems, YF was the last off the plane and the last through immigration. After calling the courier (10p), got the van to the rental car depot. Set off about 8.30 am to Windsor. Found a side street on which to park (?free), then walked to the river and along to the castle. Castle entrance free (but St Georges would be £5 for family, so didn't go in). Leonie liked the Albert Memorial chapel next door. Plenty of guardsmen around. Walked around town - army band marches past - then walked to Eton College. A bit disappointing this time; didn't go into the main quad (£2!). Bought milk (33p for 1 pint carton) and walked back to the car. Off on minor roads past Ascot to Camberley to visit Thompson's (called in at a police station for directions). There for a few hours until about 5 pm. Phoned Hindhead (youth hostel) who had not received our booking card. There shortly after 6 pm. YH down a track off the A3 highway. We were given the annex to ourselves for £19. Back to Hindhead for shopping. Then cooked dinner - spaghetti (from a can), cauliflower, beetroot. Children tired - all tired.

29 Sunday

Awoke with early light. Gavin and I got up and went for a walk through a field and along a forest path. After breakfast, we set off for Portsmouth. On the way, went up Butser Hill to look for an ancient fort but never saw it. Then down to Portsmouth to see HMS Victory. Bought a family ticket (£7.60!) but had to wait until 1.50 pm for our tour. Walked through the Naval Museum - mainly about Trafalgar. HMS Victory was very interesting, except for the "record player" guide! - questions not encouraged. Before the tour, we shared a £1.50 large hot dog. On the way out of Portsmouth, stopped for a quick look at Charles Dickens' birthplace. Thence along towards Southampton but up to Winchester. Spent a while looking through the cathedral. Then off on a merry-go-round ride before finding the road to Salisbury, arriving about 6.30 pm. Gavin and I walked into town looking for milk, asked someone and turned out he had a shop so, after directing us to a "late" shop, came back and sold us some from his shop. Had dinner on return.

30 Monday

Rain during the night and at times during the day. Cooler. After breakfast, set off at 9 am, walking to the cathedral, which was in very poor shape! The spire was under repair for about £6.5 (?) million! Didn't go in. Saw a room where Handel gave recitals. Back to the YH and off to Stonehenge - didn't bother to see Old Sarum or Woodhenge. Heavy shower on arrival. While there, joined the English Heritage Society for £25 for a family pass. Went in - wet and cold, and still disappointing. Then off on A303 to the Fleet Air Arm Museum at Yeovilton (£10 for family!). Included Concorde 002, Harrier story and a 50p simulator ride for Leonie, Gavin and Nadine. Spent several hours there. Then I had a chat with the Information Centre

chap while Gavin and Nadine played in the playground. Thence to Exeter, enquired at Police Station re YH, then to YH. Virtually out of food; still haven't come across a supermarket.

31 Tuesday

Eggs and baked beans for breakfast. Fine day again. Bought food (~£5) at a nearby shop. Then drove to town following 'i' signs which then vanished. Eventually found a carpark at the quay. Walked with a retired chap as "guide" up to the cathedral. Saw Francis Drake's (1596) restaurant, part of ancient walls. To a supermarket for food (£15) and fruit and back to the car. Set off from Exeter, filled up with petrol (£10) then on the 'B' road to Moreton-hampsted. Walked to the old Almshouse and nearby church. Then on through Dartmoor proper. Stopped and had lunch by a stream. Continued, but missed out Plymouth due to lack of time. On to Lostwithiel and a look at the old Norman Restormel Castle, then drive through the village with its Tudor bridge. On then to Pendennis YH. Children had a good time playing on the grass outside.

AUGUST

1 Wednesday

Not so much done today. All stayed in bed a little longer. After breakfast, had to vacuum our room. Hostel closed at 10 am so brought the car inside as "English Heritage" members and packed the car. Then looked through Pendennis Castle. Off to Boscastle via Redruth. First stop was to look at an old Celtic church which involved a $\frac{3}{4}$ mile hike. Found out the building had been buried (because of vandals) so gave up. Further on, we stopped at Mitchell and picked our own berries - strawberries, tayberries, blackcurrants (~£3.17). Then over to Polzeath, and a crowded beach, to visit St Enodoc's church, which is now in the middle of a golf course. Took about a 20 minute walk from parking the car. (No entry in dairy at the time, but before getting to Boscastle, we also had a look at the remains of what people claim to be King Arthur's castle at Tintagel.) Finally to Boscastle Harbour and YH, arriving shortly after 6 pm. All went for a walk late evening.

2 Thursday

Sleep in then just before 8 am went to the carpark to pay 65p for two hours. Back for breakfast (others had congee). Left about 10 am. At Bude, went to the seaside for a while - paddled in the sea. Then up to Cloverly but didn't as it was heavily commercialised; thought the £1 each could be better spent. Along A391 towards Taunton but then took a scenic route to Dulverton. The kids played in a playground and stream. We did shopping then had late lunch by the stream. Another 15 scenic miles to Cleeve Abbey for a look. Bought fish and chips at Williton (£2.80!). Ate them before arriving at Crowcombe-Heathfield YH. In the evening, played touch Rugby and soccer.

3 Friday

Up about 7.45 am. After breakfast and chores, set off towards Bath. Took bags for an elderly chap down to the junction. Then on side roads across to A.... Turned off at Cannington for the nuclear power station at Hinkley Point. Wrong time for a tour but looked through the exhibition centre. Off again about noon. (Got petrol.) Stopped at a Sainsbury supermarket* for another hour for food then off to Glastonbury. Had lunch on the parish church lawn then looked through the medieval "tribunal" when it opened at 2 pm. Then on to Wells and Wookey (Hill) caves but didn't go through. Further to an ancient monument at Stony Littleton but closed for repairs and couldn't find it (except for signs). Then to Bath, arriving about 5.15 pm. After dinner - at 8 pm! - walked into town for a walk around. Very hot. Slept all night with only underpants and on top of the bed.

* Here is a copy of the supermarket receipt:

J SAINSBURY PLC

BRIDGEWATER

TELEPHONE NO. 0278 444066

£

JS W/MEAL BREAD	0.44
DRINKING CHOC	0.75
JS STRAWBERRY JAM	0.64
SAVOY - CABBAGE	0.45
GRANNY SMITH	
1.33 lb @ £0.49/lb	0.65
RED APPLES	
0.72 lb @ £0.59/lb	0.42
CARROTS	
0.99 lb @ £0.29/lb	0.29
JS GRAPE JUICE	0.71
JS FAT FREE MILK	0.46
JS DIET YOG X4	0.69
LEEKS	1.10
CHSE TOM PIZZA	0.99
SEEDLESS GRAPES	
1.43 lb @ £0.99/lb	1.42
JS CORNED BEEF	0.92
PEACHES 1 KG	0.96
JS CROISSANTS X6	0.76
JS LEMONADE	0.71
JS DIET YOG X4	0.69

CHOC HOMEWHEAT	0.85
SAUSAGE PIZZA-4	1.19
JS PITTAS X6	0.37
PARSLEY	0.35
TOMATOES	
0.91 lb @ £0.59/lb	0.54
23 BAL DUE	16.35
CASH	50.00
CHANGE	33.65

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4 Saturday

No chores as the hostel is large! Off about 10 am. Round and round looking for the Royal Crescent which we eventually found. Then to a nearby children's playground for 40 minutes. Then along to Bristol with a visit to the Clifton suspension bridge. Leonie, Gavin and I walked across (2p each toll! 15P cars). (Bridge stated construction in 1836.) Then across the River Severn (toll £1) and on to Cardiff. By chance, ended up at the Welsh Folk Museum, but didn't go in. Had some lunch there. Drove into the centre of Cardiff and ran into the Cardiff Arms Park. Parked and managed to look inside the stadium. Walked along to the castle - couldn't go in as tickets were for a medieval tournament in the evening. Along up to Brecon (1 ½ hours) and the YH. Swapped the rice cooker plugs and used it to cook a rice meal. Cooler. (Goat gets through window into dorm!)

5 Sunday

Another good sleep. After breakfast - chores were cleaning the kitchen; V did this. Off about 10 am northwards. Got petrol (£10 unleaded). Viewed the Devil's bridges (three on top of each other) then across to Aberystwyth - seaside and saw electric train (cable car). Then on to Llangollen YH. Felt tired driving this stretch. Cooler still - almost pullover temperatures. Fish and chips for dinner.

6 Monday

Another late start. Stopped at the Llangollen railway station and saw Thomas the Tank engine. Then up a valley where Leonie and Nadine fed sheep on the side of the road. Following a supermarket stop, went to Denbigh. Leonie and I visited the castle. Cold wind.

Had lunch there. Thence to Chester after a quick look at Flint Castle. As we arrived before the 5 pm opening, drove into town for a brief look around. At the hostel, Leonie and Gavin found 78p in odd coins (mainly under the drink machine, I think).

7 Tuesday

Up a little earlier. After breakfast, we walked into Chester town, stopping first at the Roman amphitheatre. Then along the wall, down and into East gate St - the Rows - and town hall area. Through the Abbey / wall to King Charles I tower, along to the water tower and back to the Rows in time to see the town crier. I left the others to collect the car from the YH. Came back, collected them and had lunch on the south side of the River Dee. Then across to Jodrell Bank radio telescope and on towards Bolton. Through Little Lever and on to 838 Bury Rd - now a liquor store. Around the corner to Darcy Lever then up to Ainsworth but couldn't locate Aunty Olive's place. Up to see the Roman road near Littleborough then to the YH at Mankinholes.

8 Wednesday

Overcast day with the threat of rain but it didn't. After leaving the YH behind, headed towards Burnley (having gone on the road to Halifax for a while), travelling through a number of grimy Lancashire villages. Then through the Yorkshire dales, stopping at Kirkby Lonsdale for a while (Ruskin country). Then to Lake Windermere and a look through a bobbin factory. Around the lake, stopping at Ambleside (and buying chips) and on to Keswick, viewing the Castlerigg Stones on the way. After dinner, strolled through the town - Beatrix Potter territory.

9 Thursday

Set off from Keswick about 9.30 am. Drizzle but cleared up. In fact, isolated drizzle throughout the day but no problem. To Penrith first, visiting Brougham Castle then King Arthur's "round table". Up to Carlisle where we eventually found the castle and military museum and had a look around. Thence on towards Glasgow, passing through Lockerbie. Drove around parts of Glasgow - depressing - ending up at the bridge to Dumbarton (40p) toll and on to Loch Lomond YH, arriving about 5 pm.

10 Friday

Left after duties, about 10.15 am. Stopped at the lakeside for a while then headed for Inveraray. Had lunch there - in the car as it was wet with low cloud. Then to Fort William and Glen Nevis YH.

11 Saturday

Climbed Ben Nevis with Leonie and Gavin. V and Nadine got halfway up. Windy, cold and misty.

12 Sunday

Wet. Left the hostel rather late and drove up the glen a little. Then took a side trip but returned to Fort William and shopped in a supermarket. Continued. Mainly in rain, having lunch in the car on the shores of Loch On to Fort Augustus - watched boats moving through the locks. Then to Loch Ness YH, arriving early. Played with Leonie, Gavin and Nadine on the shore in fine weather!

13 Monday

Up at 8 am - made certain by the warden coming around turning on the dorm lights. Three in out dorm of four beds. After duties, set off towards Inverness. Got £2 of petrol (at 44.2p a litre - still not reduced) at the Loch Ness monster exhibition centre (which we didn't visit). Drove through Inverness and had lunch by the banks of the River Ness. Then set off South. £3 more petrol (45.1p a litre at a Texaco pump - having done a U-turn on the highway!). Called in at Carrbridge to see a small "historic" bridge, though didn't go into an adventure park. Thence on to Kingussie, arriving one hour early. Weather today mostly fine.

14 Tuesday

After leaving Kingussie, watched sheep dog trials for a while then down to Pitlochry for petrol and a look around. Eventually found a lunch spot; then off to Stirling but had to endure a one hour traffic jam. After dinner, listened to bagpipes outside the castle and had a walk around the town centre. Fine most of the day (! Crief(?) and crystal factory.)

15 Wednesday

Woke up to a wet, windy and cold day. Spent the morning looking through Stirling Castle. Then off to Edinburgh. Had lunch while looking at the two bridges near the River Forth. Through the centre of Edinburgh to the YH. Rain again in the evening.

16 Thursday

Set off on foot in wind, rain and cold for the castle. After a look around, set off down the Royal Mile. Bought fish and chips (£2.90). Past Cannongate Kirk, seeing Adam Smith's grave and on to Holyrood Castle though didn't pay the £2 / £1 (child) to go in. Back up to Waverley Station - Nadine and I watched an "Inter City" leave for London while the others were in a bookshop. Fine by this time. Along Princes Street and eventually back to the YH, buying provisions and ice-cream on the way.

17 Friday

Fine day. Left about 10 am, Leonie, Gavin and Nadine calling in on the man and his dog on leaving (he was not in). Down on the A7 to Melrose. Looked at the abbey and the YH. Then on to Jedburgh where Leonie and I visited Mary Queen of Scot's house. Quickly down to Hadrian's Wall (Chesters and Cor.....) having lunch in the car. Then even more quickly down to Osmotherley arriving at 5.45 pm. In the evening, Leonie and Gavin had a game of pool with another boy.

18 Saturday

A fine day. Off to York - after taking a wrong turning. At York, walked along the wall, through the Minster, along the Shambles, up Clifford's tower. Bought pies on the way back to the car. Off to Sherwood Forest - arrived later than expected because of a huge traffic jam on the A1. Spent a few minutes looking at the Visitor's Centre. Then off to Matlock YH, arriving about 6.15 pm.

19 Sunday

Woke up to a misty, cloudy day. About 10 am, set off. Called in at a "Gulliver's Kingdom" and then a water-powered cotton mill but didn't go into either. Then to Nottingham; went to the Robin Hood Visitor's Centre, but at £11 for all to go in, didn't! Then down the M1 to the West Midlands airport to see a 'Vulcan' and an old 'Lightning' (£1 for the car to enter). Then again down the M1 through a heavy shower, past the embankment where a 737 crashed, and on to Rugby (got petrol £10) then a visit to Rugby School and its Rugby grounds. Met a chap whose daughter is working at Gisborne Hospital! Brief asthma spasm when running with Gavin across the Rugby field. On to Kenilworth Castle which Leonie and I visited. Finally via Warwick to Stratford YH. Had little food so went to town looking for fish and chips. Eventually found some. Then visited an RAF display, including a Spitfire and the latest Harrier.

20 Monday

Lovely fine day. Called in at the RAF show again. V and I left the children there while we went to a supermarket. Also had a look at Shakespeare's birth place nearby. Back to the RAF show for a picnic lunch. The parachute display was cancelled – too windy. Then a quick visit to Anne Hathaway's cottage and onto Charlbury and Youth Hostel via Evesham. Bought fruit on the way. Passed through the village of Broadway, where V, Leonie and Gavin saw a shop owned by a Heyworth.

21 Tuesday

Fine all day. I got a sore throat and a slight fever (I think); felt a little miserable all day. Into Oxford. Drove into the entrance of Blenheim Palace. Then to the Oxford Science 'park' which turned out to be just offices. Drove around Oxford and found a three-hour parking space. Walked into the town centre, had a look at a few colleges, Bodleian library and Radcliffe Camera. Back to the car for lunch. Then up to Kidlington to see the Leungs but no-one there so back to the YH. I lay down straight away.

22 Wednesday

Off rather late. At first, missed the Whitney turn-off. Then all the way to the Uffington Whitehorse. Walked up the hill to see the horse - mound fort. My breathing a little difficult. Then across the country to Beaconsfield to see the model village (?£1.80 / 90p). Then YF, Leonie and Gavin to a supermarket nearby after that with me driving the car around the car-park to avoid paying and to avoid an inspector. Thence through the heart of London to David's, passing Hyde Park, Buckingham Palace, Trafalgar Square, Tower of London and Tower Bridge. Arrived at his place at about 8.15 p, having eaten fish and chips around the corner first.

23 Thursday

Up later. My breathing / cold not good. Not off till 11 am. Bought an all-day ticket (£2.60 / 90p → £7) but only just got the value. By train, 23 minutes to London Bridge station. Walked to HMS Belfast – Gavin (£1.75) and I (£3.50) spent 1 ½ hours there. Then walked across Tower Bridge to the Tower (£5.50 / £3.00 but no charge because of English Heritage membership). Had a good Beefeater tour guide. Spent 2 ½ hours there. My breathing bad. Then Bus 15 to St Paul's cathedral - got there 40 minutes before closing. Another bus to Trafalgar Square; the pigeons would not cooperate and get onto our arms. Then back to David's getting there about 8 pm. A warm, humid day.

24 Friday

I felt a little better on getting up but it didn't last. Tried to leave a little earlier - 10.15 am, and took the car to Victoria, getting the £30 deposit back; out at noon. Walked to Buckingham Palace but were too late for the changing of the guard. Thence to St James' Park for lunch of prepared sandwiches. On to Westminster Abbey; Leonie and Gavin paid 50 p each to see the coronation chair and the tombs of Queen Elizabeth I and Mary, Queen of Scots. A visit to the Chapter House and museum with effigies of Queen Elizabeth I and King Charles II. Over to Big Ben (3 pm) and the Houses of Parliament. Thence up Whitehall, past Downing St and the Horse Guards. Walked to NZ House and had a view from the top. On to Hamley's (?) toy shop. Finally back to Charring Cross station; caught the 6.49 train. The station closes at 8 pm for maintenance over the bank holiday. I felt terrible in the evening.

25 Saturday

Fine to start with. Off about 10.15 am to Cannon St station, then to South Kensington to visit the Science Museum. I went in with Leonie, Gavin and Nadine (£2.50 / £1) while YF did her own thing. The museum was good; we spent the whole day there. Back at Cannon St; YF ran into us. On arrival at Abbey Wood (station), met by torrential rain - got soaked through in just a few seconds. Still feeling tired with a sore throat and coughing up phlegm.

26 Sunday

Fine and warm again all day. Left earlier on the 10.25! train to get to Buckingham Palace in time for the changing of the guard at 11.30. Thousands there so didn't get a good view of the actual change. Had lunch there then on to Kew Gardens (with YF getting off at Victoria). Cost £1 / 50p to get in. Not as good as I had expected though George III's country cottage was interesting (English Heritage). After two hours, went to Speakers' Corner; listened to speakers and watched nearby horse jumping. Back to Cannon St but were early so walked along to see the Monument. YF met us at the station, just as the train was leaving.

27 Monday

YF off early to London to do her shopping. We left about 9.45 (without lunch) for Greenwich. Fine, clear weather again. Walked down to the pier. Leonie and Gavin looked through the Gypsy Moth IV (20p each). Then we all looked around the Cutty Sark (not on it: £2 / £1). Then a walk around the Maritime Museum for a look at the Captain Cook exhibition (£2 for me, free for Leonie, Gavin, Nadine because we had all-day tickets). Leonie, Gavin and Nadine liked the children's part of the exhibition. A walk across the park and up to the Old Royal Observatory. Gavin and Nadine didn't go as they were 'goofing around' in the park and couldn't find us - got a little spank! Back to David's by 2 pm. Ate bits and pieces and cleaned up. YF back at 3.30 pm (not 2 pm as expected!!). Left for the airport at about 4.45 pm and arrived there at 6.45 pm. Thompson's arrived to see us off. Very calm journey back. Heavy rain at HK. Service on the flight was nowhere near as good as that on the way over. Take off and landing on time.

English Heritage expenses

- Family ticket £25.

- Individual entrance charges saved because of family ticket:

£

- | | |
|--------------------|------|
| • Stonehenge | 5.10 |
| • Restormal Castle | 2.50 |

	£
• Tintagel Castle	4.20
• Cleeve Abbey	3.50
• Pendennis Castle	4.20
• Denbigh Castle (Wales)	0.80 (½ price)
• Stott Park Bobbin Mill	4.20
• Brougham Castle	2.50
• Carlisle Castle	4.20
• Stirling Castle	2.25 (½ price)
• Chesters (Hadrian's Wall)	4.20
• Corbridge (Hadrian's Wall)	4.20
• Clifford Tower (York)	2.50
• Kenilworth Castle	1.75 (R & Leonie only)
• Tower of London	17.00
• Westminster Abbey - Chapter House and museum	4.00
• Kew Gardens Palace	<u>2.00</u>
Total:	67.30

Petrol: Total cost £99.40

28 Tuesday

Back on time about 5.30 pm. Quite wet.

29 Wednesday

Fixing up my Dip Ed Psychology of Learning and Teaching syllabus and course material.
Still got a bad cough. Leonie and Gavin out with V.

30 Thursday

YF with children to [?Shatin College] to pick up Leonie's books, then to town. I went to the office to work on course notes.

31 Friday

Not well at all. Slept in then sitting down most of the day. YF with Leonie to pick up ID card.

SEPTEMBER

1 Saturday

A very hot day at 36°C. To the office in the morning to meet the new students. YF out again with Leonie, Gavin and Nadine.

2 Sunday

Leonie and Gavin for first swim after return. To Boyle's for dinner and a chat about the holidays.

3 Monday

Slept in. To the office at midday. First SCT Chemistry class in the evening. Walked home.

4 Tuesday

First Psychology class in the morning. Leonie to school for half a day. Gavin and Nadine also began school. V, Leonie, Gavin and Nadine for a swim in the afternoon.

5 Wednesday

Very tired all day. Did a very light workout in the gym. First SCT chemistry class for the evening group.

6 Thursday

With YF to Newtown Plaza to buy new shoes, trousers and goggles for Leonie.

7 Friday

To the gym again. Class in the evening. YF with Leonie, Gavin and Nadine for a swim.

8 Saturday

Psychology class in the morning for the part-time day group. Lunch, rest, then five hours tidying the bedrooms and bathrooms. [Does that mean that Liberty has gone?] YF with Leonie, Gavin and Nadine to Waterworld.

9 Sunday

YF, Leonie and Nadine to the market. I tidied up the back rooms.

10 Monday

Heavy rain today.

11 Tuesday

More rain. Went for the first post-holiday swim. Leonie and Nadine came too. Six killed in a petrol bomb attack on a private club.

12 Wednesday

—

13 Thursday

Swim with Gavin and Nadine (Leonie had swimming at school. ?SC pool not built - swim at Shatin).

14 Friday

Leonie to friend's place after school for the night. YF to Bahai meeting in the evening.

15 Saturday

Hot and humid. YF to a Reiki 2 class in the afternoon. Leonie back late from an overnight stay.

16 Sunday

Start of the mini Rugby season. Leonie, Gavin, Nadine and I to Sek Kong. Battle of Britain Sunday. Lunch at SCR. Leonie and Gavin for a swim. V to Reiki.

17 Monday

—

18 Tuesday

Gavin with Ewan after school to Beas River. Swim with V, Leonie and Nadine and dinner at Benjamin Franklin Centre (BFC). YF to airport to collect things from the US.

19 Wednesday

Rain all day. Began Mandarin class again in the evening.

20 Thursday

More rain. Talk with Rana all morning. Swim with Gavin and Nadine.

21 Friday

To BFC with Leonie, Gavin and Nadine for dinner.

22 Saturday

Leonie off to a birthday party in the evening.

23 Sunday

Gavin and I to Rugby. V to HLY. Leonie and Nadine at home. V. J, Gavin and Nadine for a swim in the afternoon.

24 Monday

–

25 Tuesday

Fine. Staff meeting in the afternoon. Leonie - heats of school swimming. Swim with Gavin and Nadine; Nadine does a width!

26 Wednesday

YF to a talk at SJS in the evening.

27 Thursday

Educational psychology department meeting. Gavin swims his 200 metres crawl to earn \$100.

28 Friday

Another meeting with Rana. Leonie got a third place in the breast-stroke finals. Ewan here in the evening. Final John Lill concert.

29 Saturday

Took Leonie to an overnight party in Caldecott Rd; Nadine and I saw monkeys in the area. YF to doctor. David here for the evening.

30 Sunday

Hot day. Rugby with Gavin and Nadine. YF with a healing circle.

OCTOBER

1 Monday

Full-day school begins for Gavin and Nadine.

2 Tuesday

Swim with Gavin and Nadine. V, Leonie, Gavin and Nadine to Macnesses' in the evening for mid-autumn festival. Hijacked plane crashes at Canton.

3 Wednesday

YF home late; Leonie, Gavin and Nadine waiting outside! Dinner at BFC. YF to town in the evening.

4 Thursday

[Holiday] Swim in the morning with Gavin and Nadine. With Leonie, Gavin and Nadine to Chung Chi lantern walk in the evening.

5 Friday

—

6 Saturday

Drier day. YF, Leonie, Gavin and Nadine out all afternoon to Tai Wo.

7 Sunday

Hot and dry. Swim in the morning with Leonie, Gavin and Nadine. No Rugby as [?club] insurance not arrived. Leonie and I polished the car in the afternoon.

8 Monday

Velma Clarke called in the evening.

9 Tuesday

—

10 Wednesday

Got a copy of Book 3 textbook and workbook to proof-read.

11 Thursday

Met again with Rana in the morning. Department meeting in the afternoon. Lunch time swim. Gavin at [?school] Science club.

12 Friday

—

13 Saturday

A lot of the day checking IS 3 books. Leonie and Gavin to a party in the afternoon. YF and Nadine out. The car gets a new muffler; had to collect the car from Tai Po late in the evening.

14 Sunday

Rugby with Gavin. Swim in the afternoon with Leonie, Gavin and Nadine; Leonie did 8 lengths [400 m] overarm.

15 Monday

Got proof-reading almost finished.

16 Tuesday

Full-time chemistry students out to schools to pick up teaching practice timetables. Swim with Gavin and Nadine.

17 Wednesday

Meeting with Macmillan's in the office in the morning.

18 Thursday

Got the TVs back (?).

19 Friday

All morning organising my teaching practice visits. Leonie to an overnight party.

20 Saturday

Leonie off to a second overnight party.

21 Sunday

Rugby in the morning with Gavin. Swim in the afternoon with Gavin and Nadine. Gavin packs for camp.

22 Monday

Gavin off to a P5 camp on Cheung Chau.

23 Tuesday

Had a brief micro-teaching seminar in the morning. Swim in the afternoon, but Nadine and Leonie didn't turn up.

24 Wednesday

Heavy rain in the afternoon. Ma arrives from San Francisco in the morning.

25 Thursday

Cooler day. Swim alone; did one mile. Gavin back from camp.

26 Friday

[Holiday] Took everybody to TST early for a trip to China. Lunch with Rana Shinde. A building ledge collapses and kills six [?where].

27 Saturday

Gym at NAC after class.

28 Sunday

Spent five hours cleaning the flat.

29 Monday

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30 Tuesday

Teaching practice visits. Swam $\frac{3}{4}$ mile. V et al. Stuck in china.

31 Wednesday

All back in the morning via Canton. Then to school. Leonie to a school disco in the evening.

NOVEMBER

1 Thursday

Teaching practice visits all day in Shatin. Walked up Tao Fung Road to each my lunch. Swim later with Leonie and Nadine.

2 Friday

Teaching practice visit in Tuen Mun and Kowloon. MacLehose trail work [?walk] begins.

3 Saturday

Heavy showers midday. V has a healing circle at home in the evening.

4 Sunday

Leonie and Nadine to town with Ma. Gavin and me to Rugby. Some rain.

5 Monday

Teaching practice visits all day. Car covered in mud from a Yuen Long visit.

6 Tuesday

—

7 Wednesday

YF to Shenzhen for the day with a group.

8 Thursday

Overcast. Swim with Leonie and Nadine. Timed myself: 22' 50" for 1 km.

9 Friday

Teaching practice visits in the morning.

10 Saturday

Test and final class for Educational Psychology. Rest of the day at Shatin College fair. Fine but cooler.

11 Sunday

No Rugby - Remembrance Sunday.

12 Monday

—

13 Tuesday

another lovely day. Swim with Leonie, Gavin and Nadine; water temperature 22°C.

14 Wednesday

In NZ, a gunman kills 11.

15 Thursday

Swim with Nadine.

16 Friday

To Chung Chi for a potluck dinner - few there.

17 Saturday

Wet. Cleaned the flat in the morning. All for a walk in the forest in the afternoon. YF with Leonie and Gavin to a Billy Graham crusade meeting.

18 Sunday

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19 Monday

Watched a second TV programme on NZ.

20 Tuesday

Hot day. Three teaching practice visits; over to Chai Wan. Swim on return with Leonie.

21 Wednesday

Cooler. Working at home. Walked to the NAC gym.

22 Thursday

Again doing the teachers' guide for Book 3. Swim alone - did 24 lengths. Mrs Thatcher announces her resignation.

23 Friday

Nice day. Ma left in the evening; all to the airport.

24 Saturday

Hike with Gavin and Nadine to Shing Mun reservoir via Shatin and Needle Hill. Leonie off to a concert. Nadine not well in the evening - cough and breathing.

25 Sunday

Nadine in bed all day. Gavin and I to Rugby. YF and Leonie to a lecture in the afternoon. Watched the Macau F3 Grand Prix on TV; won by Michael Schumacher.

26 Monday

Calendars, etc. from NZ arrive. Leonie off to a school camp.

27 Tuesday

Swim with Gavin (though he was very reluctant). Water 22°C.

28 Wednesday

—

29 Thursday

Goof final swim at midday; water 21⁰C. 22 ½ minutes for 20 lengths but did 24. Dinner at BFC with Gavin and Nadine.

30 Friday

Cooler. Last day for the pool; Gavin and Leonie for a swim. Leonie, Gavin and Nadine with V to Kowloon in the evening to see Christmas lights.

DECEMBER

1 Saturday

Walk/Hike by myself from Fanling to reservoir to Cloudy Hill to Tai Po.

2 Sunday

Nice day. Nadine, Leonie and V to town. In the afternoon, went with Gavin and Nadine to a CU Alumni fair.

3 Monday

Fire on Ma On Shan ridge. Very dry.

4 Tuesday

No exercise today; pool closed for the season.

5 Wednesday

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6 Thursday

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7 Friday

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8 Saturday

Walk/Hike alone above Tai Mei Tuk along Pat Sin Leng range to Tai Po. YF to “CU Prom” in the evening.

9 Sunday

25⁰C. With Leonie, Gavin and Nadine to Rugby tournament at Stanley. While there, went to the church with Leonie and Nadine and the Fijian Rugby team! Gavin gets one of the two tries.

10 Monday

Get a ride home after the evening lesson with Yung Chi Ko.

11 Tuesday

Lunch f teaching practice teacher-supervisors; didn't attend seminar.

12 Wednesday

Finished the teachers' guide for IS Book 3.

13 Thursday

Put up a Christmas tree.

14 Friday

YF has a healing circle and a potluck dinner in the evening.

15 Saturday

Leonie and I went for a hike up Tai Mo Shan then down a track to Sek Kong. In the early evening there was a Christmas concert at the Chung Chi chapel.

16 Sunday

Rugby with Gavin in the morning. Then to dim sam at Shatin with Velma and Bevan [Clarke]. They came back here for the afternoon and evening.

17 Monday

To Shatin College for a (useless profile) report on Leonie, then to Nadine's Christmas performance [?at SJS].

18 Tuesday

Leonie's school music concert in the evening.

19 Wednesday

All day preparing a new course. Gavin and Nadine to my office in the afternoon, then Gavin to town with Leonie and V to visit an exhibition.

20 Thursday

—

21 Friday

Leonie, Gavin and Nadine finish school at 12 noon.

22 Saturday

Fine, dry day. Walk/Hike from Tai Mo Shan [?actually Route Twisk] to Tuen Mun which included some running; took less than 4 hours. Leonie, Gavin and Nadine to Chung Chi Christmas party.

23 Sunday

Fire in Sham Shui Po in the morning. Leonie's friend here in the afternoon for the evening.

24 Monday

Work in the morning. Policeman killed at a roadblock early morning on Tolo Highway below Residence 11.

25 Tuesday

[Christmas] Nadine rides her bike well. All afternoon cooking a turkey.

26 Wednesday

Took Leonie, Gavin and Nadine for a picnic to Hok Tau reservoir.

27 Thursday

To the office today. Police man shot and killed during a robbery.

28 Friday

Finished marking the psychology projects for the first-year part-time day course. Went to Shaw College with Leonie, Gavin and Nadine for an evening meal.

29 Saturday

All day hike - Stages 4 to 7 of MacLehose trail (7 ½ hours). Connie and family here in the evening.

30 Sunday

Governor [?Wilson] at Sek Kong church service in the morning.

31 Monday

All day in the office finishing marking; took a packet of bread to eat instead of a proper lunch!